

## What to Bring

Bible, notebook, sleeping gear, toiletries, hiking shoes, jacket, football/Frisbee/board games/etc., earplugs, and a teachable heart!

## General Information

**COST: \$115**

Please register online at [www.meadowlandsbaptist.com](http://www.meadowlandsbaptist.com) by October 13, 2024.

Payment can be made on arrival at the retreat by cash or cheque (made payable to Meadowlands Baptist Church), or by e-transfer to [custom@meadowlandsbaptist.com](mailto:custom@meadowlandsbaptist.com) (please include your name and designate Men's Retreat).



## NEW LOCATION!

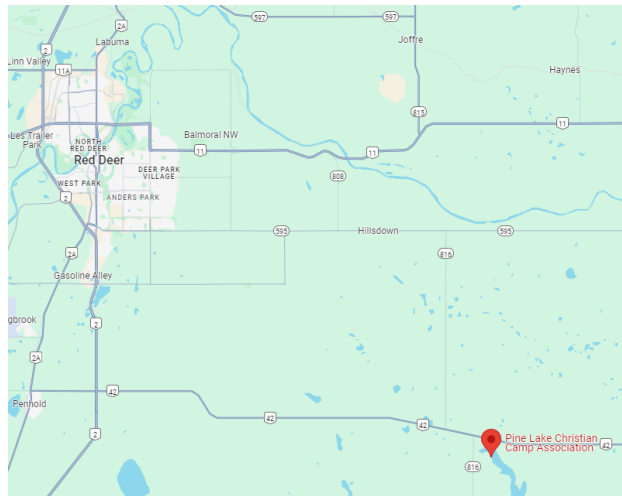
### Directions

#### Pine Lake Christian Camp

36341, AB-816, Pine Lake, AB

From Highway 2 south of Red Deer, head east on AB-42, approximately 24 km. Turn right onto AB-816 for approximately 1.5 km, turn left and drive 1 km to the camp.

Note: This is NOT the same location as the Ladies' Retreats of previous years (Pine Lake Camp--Salvation Army).



**REGISTER NOW!**

# RUNNING THE RACE

I press toward the goal for the prize of the upward call of God in Christ Jesus.

Philippians 3:14



WCBF Annual Men's Retreat  
October 17-19, 2024

**NEW LOCATION!**

Pine Lake Christian Camp

I have fought the good fight, I have finished the race, I have kept the faith.

2 Timothy 4:7



Do you not know that those who run in a race all run, but one receives the prize? Run in such a way that you may obtain it.

1 Corinthians 9:24

## Schedule of Events

Thursday, October 17

4:00-6:00 pm Register & Unpack  
6:30-7:30 pm Supper  
7:45-8:15 pm Icebreakers  
8:15-9:15 pm Session 1

Friday, October 18

8:00-9:00 am Breakfast  
9:00-9:30 am Personal Devotions  
9:30-10:15 am Session 2  
10:15-10:45 am Prayer Groups  
11:00-11:45 am Session 3  
11:45-12:30 pm Discussion groups  
12:30-1:30 pm Lunch  
1:30-5:30 pm Free Time & Tri-Man Competition  
6:00-7:00 pm Supper  
7:30-8:30 pm Session 4

Saturday, October 19

8:00-9:00 am Continental Breakfast  
9:00-9:30 am Personal Devotions  
9:30-10:15 am Session 5  
10:30 am Pack & Clean

Therefore we also, since we are surrounded by so great a cloud of witnesses, let us lay aside every weight, and the sin which so easily ensnares us, and let us run with endurance the race that is set before us, looking unto Jesus, the author and finisher of our faith, who for the joy that was set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God.

Hebrews 12:1-2

